



## Culinary Olympics October 2008

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### **Day One**

Departure on an international flight to Frankfurt.

### **Day Two**

Arrival in Frankfurt where you are met by your CSA On-site Coordinator. Today journey east to the historic city of Erfurt, capital of Thuringen, a former East German state. This evening enjoy a special Welcome Dinner.

### **Day Three**

Every 4 years some of the most talented professionals and students in the culinary arts from around the world gather in Erfurt for the **Culinary Olympics**. Over 1,000 chefs and cooks from about 35 countries will participate in one of the most prestigious cooking competitions in the world. This morning a private coach transfer brings you to the **Erfurt Messe**, home to the events. Students have the opportunity to attend lectures and workshops in addition to observing the live cooking action. On display in the exhibit halls is a dizzying array of products, food, and wine from every corner of the globe.

### **Day Four**

Private coach transfer to the Messe for day two of the Culinary Olympics. In the afternoon a local guide will introduce the historic core of Erfurt during a walking tour. The tour will highlight some of the city's interesting culinary traditions.

### **Day Five**

Private coach transfer to the Messe for day three of the Culinary Olympics. In the afternoon an excursion to the historic city of **Weimar** illuminates the city's role as former capital of Germany immediately prior to the Nazi era as well as the Weimar's enormous contributions to German art, music and culture.

### Day Six

Private coach transfer to Messe for day four of the Culinary Olympics. In the afternoon you will have an excursion to the former concentration camp at Buchenwald.

### Day Seven

This morning depart Erfurt for a ride across the German countryside to the beautiful region known as the **Black Forest** and the regional capital of **Freiburg**. After checking in to your hotel your On-site Coordinator will conduct a walking tour of Freiburg's medieval Old Town including the city's impressive Gothic Cathedral.

### Day Eight

Today cross the border into France where you will visit the beautiful city of **Dijon**. In Dijon a local guide conducts a walking tour highlighting the city's architectural heritage. Dijon is considered one of the culinary capitals of France; the city's culinary prestige is explored during a visit to the Maille mustard factory. After a visit to a local winery continue on to the **Beaune**, in the heart of the Burgundy wine region. Overnight in Beaune.



### Day Nine

This morning journey north to the French capital- **Paris!** This afternoon enjoy a special visit to the **Ecole Superieure de Cuisine** for a cooking lesson highlighting classical French Cuisine.

### Day Ten

An early morning transfer brings you to **Rungis**, the largest wholesale market in the world (with an area larger than the country of Monaco!). A private, behind-the-scenes tour will explain the role of the market, its history, and its unique micro-culture. Return to Paris where a local guide conducts a city-tour highlighting some of the *City of Light's* most important monuments.

### Day Eleven

Today experience a full day excursion to the region of **Champagne** where you visit the cellars of **Moet et Chandon** in **Epernay** as well as a small family-owned champagne winery. Return to Paris in the late afternoon.

**Day Twelve**

This morning your On-site Coordinator will introduce you to the **Marché d'Aligre**, one of the city's fascinating local markets. Discover the beautiful displays of fruit, vegetables, and seafood and butcher shops while learning about the local produce. The remainder of the day is free to continue your exploration of this most beautiful city. Tonight toast the success of your program with a special **Farewell Dinner**.

**Day Thirteen**

Transfer to the airport for your return flight to the USA.